

Language, Literacy and Numeracy

Self-assessment checklist

Rate yourself on the following tasks:

Answer: Yes (I can do this by myself) or No (I need help to do this)

Analyze the responses to the self-assessment:

	Tasks	In English (Yes/ No)	In my first Language (Yes/ No)
	I Can:		
1	Read the time on a clock (analogue or digital)		
2	Use a calculator		
3	Add up the prices of things in my head		
4	Work out how much change I should give (without any help)		
5	Know roughly how tall I am in centimetres		
6	Make a guess how much things weigh in kilograms		
7	Use a map to find a place		
8	Look up a phone number in a telephone book or on the internet		
9	Read and understand letters or bills		
10	Take a phone message and write it down accurately		
11	Fill in a form (ex: registration form)		
12	Write notes, letters or emails		
13	Speak at meetings or in a group		
14	Do my banking work on my own		
15	Follow instructions for a task		